



TABACÓN
THERMAL RESORT & SPA

Press Kit



SMALL
LUXURY
HOTELS
OF THE WORLD™



About Tabacón

A tropical haven that blends modern-day luxury with timeless beauty, Tabacón Thermal Resort & Spa is located at the base of the Arenal Volcano in northern Costa Rica. Set amidst more than 900 acres of a pristine rainforest reserve, the 105-room property is blessed with the largest network of naturally flowing hot springs, complemented by cascading thermal waterfalls, serene river pools and an internationally renowned spa. A member of Small Luxury Hotels, Tabacón is an ideal launch pad for nearby adventures, including those in Arenal Volcano National Park, where ecotourists will encounter such wildlife as howler monkeys, scarlet macaws, toucans and coatis. An escape at Tabacón Thermal Resort & Spa is an immersion in a Costa Rican paradise.

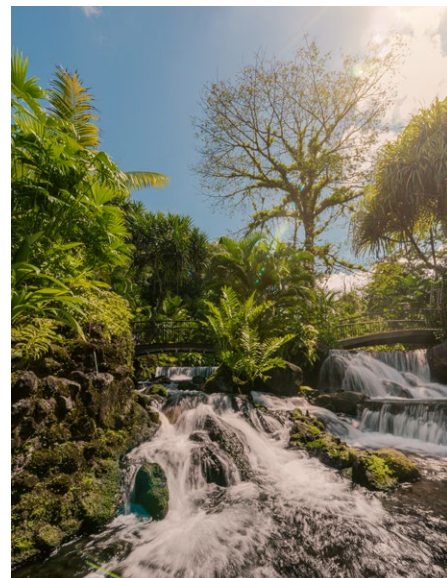




Tabacón Fast Facts



105 eco-friendly and luxurious guest rooms and suites that overlook gardens, the forest or the volcano.



Tabacón has a five - star designation from the Costa Rican Tourism Institute and has also been certified with 5 leaves (out of 5) in the Costa Rica Sustainability in Tourism Program (CST).



The Spa at Tabacón has 11 open-air bungalows for treatments and is continuously recognized as one of the best eco-spas in Latin America.



The property features two fullservice restaurants, four bars and an exclusive, private dining experience at the Ephemeral Table.



Located just outside the town of La Fortuna, which is known for activities such as zip lining, white water rafting, horseback riding and rappelling.



Thermal Springs

Tabacón's incredible network of thermal springs make it one of one of Latin America's most alluring wellness destinations. They are one of Mother Nature's true wonders: Arenal Volcano's underground magma heats the hot springs, bringing the river-pool temperatures to a range of 72 to 105 degrees Fahrenheit. Thousands of gallons of this highly mineralized water naturally emulate every minute, flowing throughout the resort and forming the Tabacón River. During their Tabacón getaways, guests will discover dozens of cascading waterfalls and warm pools along the riverbed, each offering varying temperatures, water flows and degrees of privacy. Tabacón's water offers the perfect combination of high volume and a medicinal mineral content – and unlike other hot springs, it doesn't smell like sulfur. This natural hydrotherapy is a surefire way to achieve proper relaxation, increasing blood circulation and oxygen flow with dynamic hydrostatic pressure.

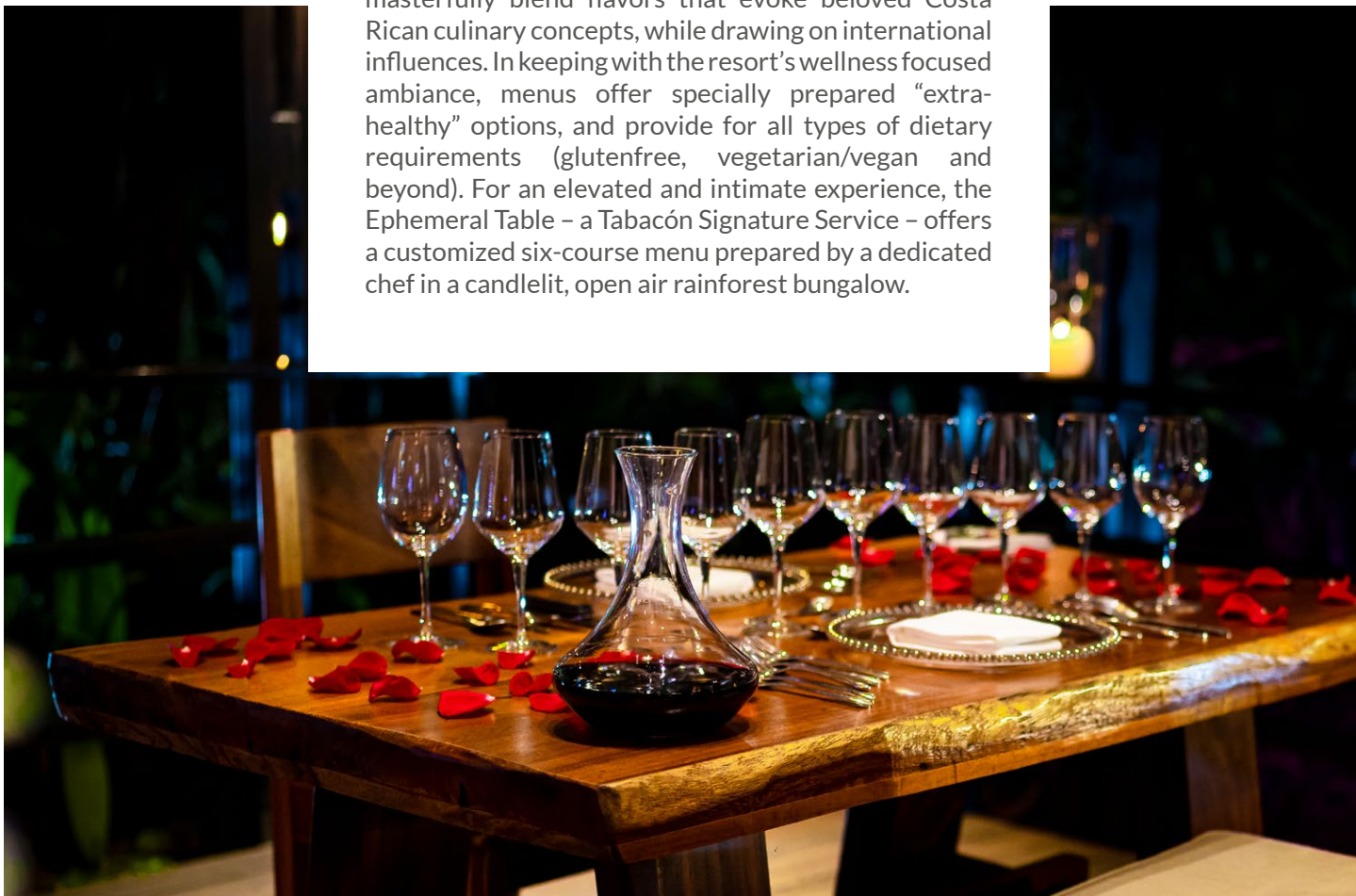
Added bonus: Even the water in the rooms from the sink, shower and tub comes from the natural hot springs.

SHANGRI LA GARDENS: For further adults-only luxury and wellness, Discover the resort's secret, adults-only hideaway – Shangri La Gardens. Available exclusively to hotel guests ages 18 and up, this mystical open-air, rainforest lounge is the perfect place to unwind, with tropical cocktails, cozy cabanas and easy access to the hot springs.



Dining

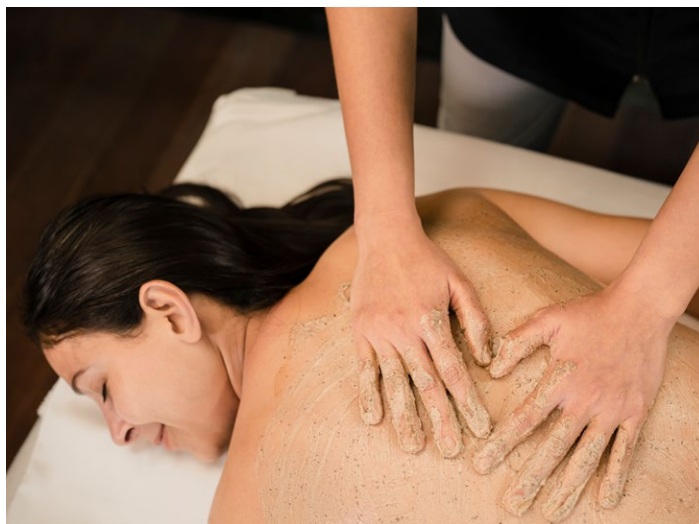
Tabacón Thermal Resort & Spa features two open-air, fullservice restaurants (Ave and Tucanes) and four bars, all surrounded by the pristine tropical rainforest. Utilizing regional ingredients, the region's top chefs masterfully blend flavors that evoke beloved Costa Rican culinary concepts, while drawing on international influences. In keeping with the resort's wellness focused ambiance, menus offer specially prepared "extra-healthy" options, and provide for all types of dietary requirements (glutenfree, vegetarian/vegan and beyond). For an elevated and intimate experience, the Ephemeral Table – a Tabacón Signature Service – offers a customized six-course menu prepared by a dedicated chef in a candlelit, open air rainforest bungalow.





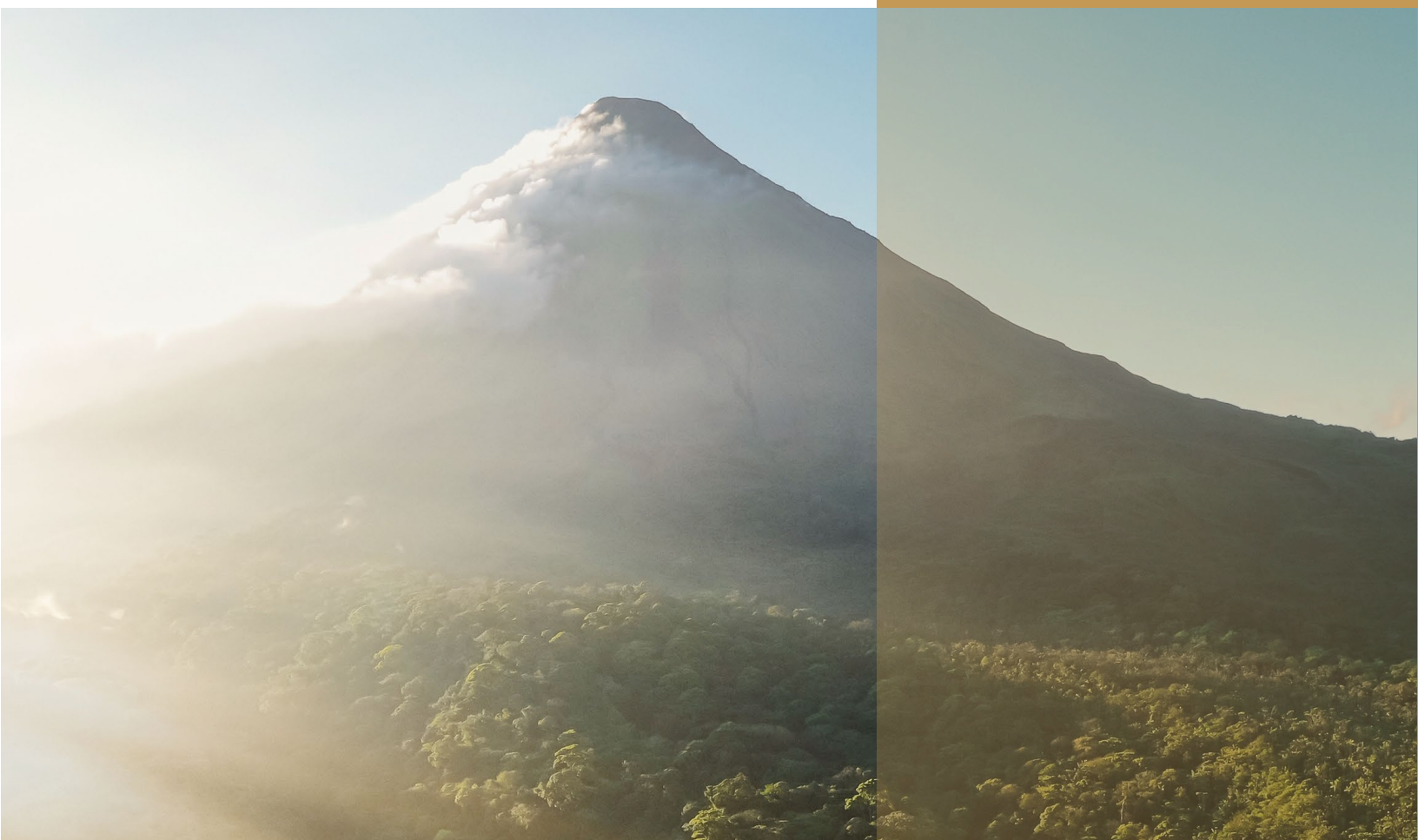
Spa

The restorative mineral hot springs at Tabacón are just the beginning of a wellness journey in Costa Rica. At the internationally renowned Spa at Tabacón, guests enjoy memorable treatments in palm-thatched, open-air bungalows tucked away in the lush rainforest environs. The hot springs and wildlife providing the serene soundtrack, Tabacón offers a number of Holistic Wellness Treatments including an Ayurvedic massage that relieves mental tension, muscle and anxiety, revitalizing the mind. The Shirodhara treatment, meaning “head” and “flow,” calms nerves, reduces anxiety, promotes sleep and fights headaches, using a technique characterized by the gentle fall of warm oil over the “third eye” or sixth chakra. For a post-treatment wind-down, sink into the thermal spring-fed tub, offering soothing outdoor balneotherapy. The Spa at Tabacón delivers healing for the body, mind and soul.



Area Recreation

Tabacón guests have easy access to a rainforest playground, filled with scenic beauty, unique ecotourism opportunities and thrilling outdoor adventure, all centered around the 5,000-foot-tall Arenal Volcano. The nearby La Fortuna Waterfall is one of the most awe-inspiring sights in all of Costa Rica, with a 200-foot cascade emerging from a thick jungle. At the base of the waterfall, guests can spend an unforgettable day picnicking, swimming and exploring. Elsewhere in the region, discover hiking, whitewater rafting, ziplining, waterfall rappelling, hanging bridges, volcano hiking, nature cruises, volunteer work and more. The adventure of a lifetime awaits!





Rooms and Suites

TWO BEDROOM ARENAL SUITE – Sophisticated and comfortable, the two-bedroom Senator Suite is ideal for families looking for spacious accommodations. The dining and living room are exquisitely designed social spaces, while the master bedroom features a private terrace overlooking the resort's lush rainforest. For the ultimate in relaxation, sink into the in-room jacuzzi in the master bathroom.



HONEYMOON SUITE WITH PLUNGE POOL – Treat yourself to your own private thermal water plunge pool with an amazing Arenal volcano view. This adult's only suite is ideal for those celebrating a honeymoon, anniversary or a special occasion with your love one. Our charming honeymoon suite features a king size bed, a dual rain shower and a private terrace with a plunge pool fed with thermal water and lounge area for a memorable experience. Includes: 50" Smart TV in the bedroom, coffee and tea selection, free Wi-Fi.



HONEYMOON SUITE – The natural beauty of the exotic rainforest forest will be the perfect complement for a scene full of magic and passion. Our honeymoon suite features a king size bed, a bathtub, and a dual rain shower for a memorable experience. The balcony is perfect for those who prefer private relaxation. Includes: 50" Smart TV in the bedroom, coffee and tea selection, free Wi-Fi.

TABACÓN SUITE – For those who want to spread out, is the resort's largest single room, offering a luxurious setting and impressive rainforest panoramas. An elegant space with a design focused on relaxation and comfort, featuring a king-size bed, a hot-spring-fed double hot tub and a glass enclosed hot spring shower.

RAINFOREST ROOM – Our distinctive rainforest rooms seamlessly blend indoor luxury with an outdoor terrace overlooking the native tropical landscape. All rainforest rooms feature one king bed. The bathroom includes a bathtub and a separate, glass-enclosed shower.

ORCHID ROOM – Available with either a king bed or two queen beds, the recently renovated Orchid Room offers a vast open space – all the better to enjoy the wide-open rainforest views. Its colorful décor and modern touches are designed to soothe the soul. The bathroom features a "rainforest shower," with a natural skylight and a floor that has been thoughtfully designed utilizing local stones that gently massage your feet.





Tabacón Green

Tabacón owes its existence to its spectacular natural setting – and that’s why the resort is committed to sustainability, ensuring that this destination will be enjoyed by generations to come. Tabacón’s sustainable initiatives include environmental species tagging, use of all organic and biodegradable products, encouraging visits to national parks, integral water management program, reforestation programs, water and electricity conservation programs, use of energy-saving technology and a “plant-a-tree” program. The resort also seeks to educate guests about eco-friendly practices, equipping them with knowledge that they can take home with them.





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